

# ***The Communique***

## ***From One Comes Many***



***Wolverine Sports Club***  
***Cycling - Speed Skating - XC Skiing***



**ISSUE# 1**  
**Jan-Feb 2022**

## Message From the Board



The Board, President and Officers of the Wolverine Sports Club want to thank you for your continued support and commitment to the club. The Board looks forward to the 2022 riding season beginning in April and May based on favorable weather and another great season of riding. Cross-Country Skiing is now in full swing with colder temperatures preserving the snow and member winter riding is underway.

In January, a Board Member Election was conducted for two (2) expiring board seats and the membership elected Frederic Nemenski to continue his service, and financial stewardship as the Club Treasurer. Membership also elected Glenn P. OConnor to the board, Glenn is currently serving as our Vice President of Cross-Country Skiing.

The Board, President and Officers have been discussing strategies and goals to Retain, Grow, and Engage membership across all the sports disciplines in the club. As part of that, we will be working to attract new membership and increase sponsorship. More discussion will follow in future as we head through 2022, including identifying areas where we will be looking for help.

Again, thank you and we look forward to seeing you on the road soon.

## Prez, Release - John Sammut

Oh time flies, it's already been over a year since I took office. 2021 was a strange year to say the least.

We all faced many new challenges, how to stay safe and healthy while still trying to keep your sanity.

Although Covid tried to keep us down, we were still able to get out and make the most of the year.

I could go into some of them, but I think Calvin has done a pretty good job of that in the following pages.

Hope you enjoy the recap of 2021, and look forward to some new events for 2022.

On The Cover Sculpture created using used bicycle chains.

[ChainBreakerWelding.com](http://ChainBreakerWelding.com)

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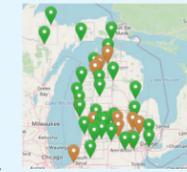
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**Have Story To Tell Story To Tell or Something to Sell**

**Submit it here:** <https://form.jotform.com/calform/WSC-Newslettershare-your-story-form>



**2022 Michigan Rides and Gran Fondos**

Start Date	Event	Location	Routes	Type
Mar 19 2022	<a href="#">Melting Mann</a>	Cass County, Michigan, USA	24, 35, 60 miles	GRAVEL
Mar 26 2022	<a href="#">Barry Roubaix</a>	Hastings, Michigan, USA	18, 36, 62, 100 miles	GRAVEL
Apr 02 2022	<a href="#">Dirty 30 Gravel Bike Race</a>	Saranac, Michigan, USA	6, 16, 30, 50, 130 miles	GRAVEL
Apr 02 2022	<a href="#">Dirty Thirty Gravel Grinder</a>	Saranac, Michigan, USA	16, 30, 50 miles	GRAVEL
Apr 09 2022	<a href="#">Lowell Classic Gravel Race</a>	Lowell, Michigan, USA	34, 50, 100 miles	GRAVEL
Apr 09 2022	<a href="#">The Lowell 50</a>	Lowell, Michigan, USA	15, 33, 50 miles	GRAVEL
Apr 16 2022	<a href="#">Hart Hills</a>	Hart, Michigan, USA	5, 10, 15, 25, 50 miles	GRAVEL
Apr 30 2022	<a href="#">Waterloo G and G Gravel Road Race</a>	Grass Lake, Michigan, USA	10-mile, 50km, 100km	GRAVEL
May 14 2022	<a href="#">The KRanza</a>	Tustin, MI	85, 170 miles	GRAVEL
May 14 2022	<a href="#">Fast Fitty Gravel Road Race</a>	Charlotte, MI	19, 36, 54 miles	GRAVEL
May 21 2022	<a href="#">The Cedar Blitz: Gravel War on Wheels</a>	Cedar Springs, Michigan, USA	18, 35 miles	GRAVEL
Jun 04 2022	<a href="#">Dirty Donut</a>	Martin, Michigan	22, 41, 61 miles	GRAVEL
Jun 04 2022	<a href="#">Sancho 200</a>	Traverse City, Michigan, USA	200 miles	GRAVEL
Jun 11 2022	<a href="#">Harbor Springs Cycling Classic</a>	Harbor Springs, Michigan, USA	20, 45, 60 miles	CENTURY
Jun 11 2022	<a href="#">The Cow Pie Classic</a>	Ionia, MI	34, 66 miles	GRAVEL
Jun 12 2022	<a href="#">GFNY Michigan Ann Arbor</a>	Ann Arbor, Michigan, USA	62, 100 miles	GRANFONDO
Jun 18 2022	<a href="#">Pedal Across Lower Michigan (PALM)</a>	Whitehall Michigan, USA	6 days, 280 miles	TOUR
Jun 18 2022	<a href="#">Michigan Mountain Mayhem Spring Classic</a>	Boyne City, Michigan, USA	50, 100, 200km	GRANFONDO
Jun 25 2022	<a href="#">Coast to Coast Gravel Grinder</a>	Au Gres, Michigan, USA	100, 208 miles	GRAVEL
Jun 25 2022	<a href="#">Coast Loop Gravel Grinder</a>	Ludington, Michigan, USA	100 miles	GRAVEL
Jul 09 2022	<a href="#">Black Bear Gran Fondo</a>	Grayling, Michigan, USA	45, 62, 100 miles	GRANFONDO
Jul 16 2022	<a href="#">Holland 100</a>	Holland, Michigan, USA	18, 36, 67 and 100 miles	CENTURY
Jul 16 2022	<a href="#">58er Ride</a>	Washington, MI	58 miles	GRAVEL
Jul 16 2022	<a href="#">The Crusher Enhanced Gravel</a>	Ishpeming, MI	40, 50, 100, 225 miles	GRAVEL
Jul 17 2022	<a href="#">Ride Around Torch</a>	Elk Rapid, Michigan, USA	26,63,100 miles	CENTURY
Jul 23 2022	<a href="#">The Baroudeur</a>	Detroit, Michigan	20, 37, 60, 100 miles	CENTURY
Jul 24 2022	<a href="#">Ode to Gravel - Risk vs. Reward</a>	Holly, Michigan	11 hours	GRAVEL
Jul 29 2022	<a href="#">Tour Da Yoop, Eh</a>	Manistique, MI	120 miles per day, 10 days	TOUR
Jul 31 2022	<a href="#">Cherry Roubaix Gran Fondo</a>	Traverse City, Michigan, USA	20, 51, 86 miles	GRANFONDO
Jul 31 2022	<a href="#">The Divide</a>	Manton, Michigan, USA	19, 31, 51 miles	GRAVEL
Aug 06 2022	<a href="#">Shoreline West Bicycle Tour</a>	Montague, Michigan, USA	7 day - 386 miles / 3 day - 159 miles	TOUR
Aug 13 2022	<a href="#">One Day Ride Across Michigan (ODRAM)</a>	Rothbury, Michigan, USA	145 miles	TOUR
Aug 13 2022	<a href="#">The Watermoor</a>	Dexter, Michigan	111 miles	GRAVEL
Aug 13 2022	<a href="#">Frankenmuth Fondo</a>	Frankenmuth, Michigan	25, 50, 100 km	GRANFONDO
Aug 14 2022	<a href="#">Assenmacher 100</a>	Swartz Creek, Michigan, USA	20,34, 56, 62, 100 miles	FESTIVAL
Aug 21 2022	<a href="#">Arcadia Grit and Gravel</a>	Arcadia, Michigan, USA	26 miles	GRAVEL
Aug 31 2022	<a href="#">DALMAC</a>	Lansing, Michigan, USA	2-day, 4-day, 5-day routes	TOUR
Sep 10 2022	<a href="#">Lord of the Springs</a>	Middleville, Michigan, USA	24, 37 miles	GRAVEL
Sep 11 2022	<a href="#">Uncle John's Dirty Ride</a>	St Johns, Michigan, USA	24, 56 miles	GRAVEL
Sep 17 2022	<a href="#">Leelanau Harvest Tour</a>	Suttons Bay, Michigan, USA	20, 40, 65, 100 miles	CENTURY
Sep 17 2022	<a href="#">MSU Gran Fondo</a>	Grand Rapids, Michigan, USA	10, 25, 40, 80 miles	GRANFONDO
Sep 17 2022	<a href="#">Harbor Springs Cycling Classic</a>	Harbor Springs, Michigan, USA	14-30 paved trail, 20, 45, 65 road routes	FESTIVAL
Sep 24 2022	<a href="#">Michigan Mountain Mayhem Gravel Grinder</a>	Boyne City, Michigan, USA	18, 46, 60 miles	GRAVEL
Sep 25 2022	<a href="#">Apple Cider Century</a>	Three Oaks, Michigan, USA	15, 25, 37, 50, 62, 75 or 100	CENTURY
Oct 01 2022	<a href="#">Moran 166</a>	Moran, Michigan, USA	64, 166 miles	GRAVEL
Oct 08 2022	<a href="#">The Lone Wolf</a>	Iron mountain , MI	50 miles	GRAVEL
Oct 15 2022	<a href="#">Maple River Gravel Grinder</a>	Maple Rapids, MI	10, 25, 47 miles	GRAVEL
Oct 30 2022	<a href="#">Holly Gravel</a>	Holly, Michigan, USA	11, 18, 36 miles	GRAVEL

# 2021 season

After a 2020 season of suspended club rides, the 2021 Season began in May with a Bike Blessing from Pastor Joe Mallia and



Wolverine Sports Club sponsored Bike Rodeo at St. Kieran Catholic Church in Shelby Township.



WSC volunteers manned the Bike inspections, Helmet fittings, Traffic safety area, Slalom course, "Turtle" race, and Figure "8" course in the church parking lot.



The 60 plus attendees both Parents and Kids enjoyed the event and the wonderful spring day.

## NEW VATICAN CYCLING TEAM AND POPE FRANCIS' ENTHUSIASM FOR RIDING



During the months of May and June our WSC dedicated ride leaders began the process of again leading some weekly club rides.



The popular Every 3<sup>rd</sup> Saturday Belle Isle started again offering members a longer weekend ride lead by Jean-Claude Araz.



WSC members and VP of Touring Chuck Reynolds traveled north to Boyne City for Michigan Mountain Mayhem first organized tour of the season in June under blue skies.

By July and August almost all club rides were underway and WSC club members participated in both Recreational Tours and Competitive Racing available in 2021.

Notably the local Woodward Loop Rides and Cogs & Kegs Ride returned which was well attended by WSC club members.

Dirt, and Gravel rides also started again offering combinations of gravel, paved roads, combined with Rail to Trails throughout Southeastern Michigan.



These rides have increased in popularity as they offer mainly traffic free routes and scenic riding.

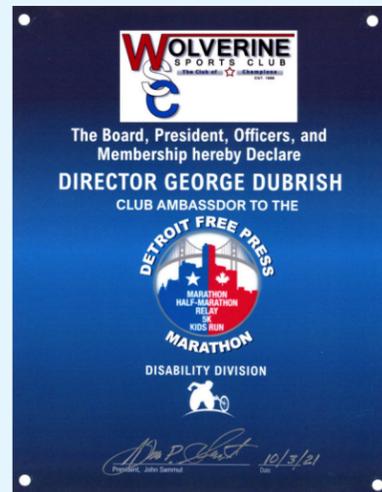
As the 2021 season moved into the Fall, Dirt, and Gravel ride leaders Deb and Steve Angst and Glenn OConnor celebrated the Thanksgiving and Halloween rides attracting large numbers of WSC members and stopping at popular locations for Cider, Doughnuts and Pastries.



**Wolverine Sports Club again escorted Free Press Marathon Hand Wheelers.**



Former Wolverine Sports Club President George Dubrish and Kathy Dubrish coordinated a successful bicycle escort for each and every wheeler thru the streets of Detroit.



George who has been the Free Press Marathon Disability Division Director for many years was designated by the Club Board to be Our Club Ambassador of the Free Press Marathon.

**Club members gathered this year in the Fall for the Corn Roast Meet and Greet as in years past**



As the 2021 Riding season came to an end, many WSC members volunteered and helped repair some of the 2,800 of donated bikes along with other clubs and volunteers for Christmas under the [Free Bikes 4 Kidz program](#).



As we now begin the 2022 season the Wolverine Sports Club looks forward to another great year of Riding and Club Member Friendship, see you on the road soon.



## Wolverine Sports Club 2021 Racing Team News

Tim Fargo, Board Member  
VP. Of Racing

### Mountain Biking Racing

Dan Bakshi had a strong season with good results at NUE ([National Ultra Endurance](#)) such as [LumberJack 100](#) and [Mohican](#). He has also been on the podium on numerous XC races and combined with his wife Cindi to win the mixed class of another XC race. Dan also finished in 94<sup>th</sup> overall in the Iceman race of 4,000 racers as a first time pro, and 58<sup>th</sup> in Pro class. We have also recruited a new mountain bike racer in Ryan Rivamonte who was on numerous podiums including [Peak to Peak](#) and [Island Lake Challenge](#) to name two.

Iceman saw 3 Wolverines on the podium – Dori Leib, first overall amateur woman (any age), Ray Dybowski and Amy Kennedy.

Rob Tomlinson in Mens Expert Second place at [Custer's Last Stand](#).

Ed Ho got a win Men's Sport at Island Lake.

Dan Bakshi on numerous podiums and won the Men's Elite CPS ([Championship Point Series](#)) along with Gerry Naski taking first in CPS for Expert 60+.

AJ Heisel with several podiums in both mountain bike and gravel racing

All in all a very solid mountain bike racing campaign in 2021

### Road Racing

[Detroit Downtown Championship](#) and [Waterford Hills Circuit Race](#)

Eric McBride won the overall A series at Waterford including some wins. Additionally, placed ninth at nationals in the mens 45+ class against a very good nationals field. Fifth in the [Omnium at Intelligentsia Cup](#). Multiple others raced at DCC with best results coming from Claudia Ferreira a new recruit along with Dori Leib in 8th.

Luke Mullis won the [Grattan Race Series](#) including six wins - quite dominant.

### State Championships - Road, Track and Cyclocross

State Criterium champions – Ray Dybowski (mens 60+),

Claudia Ferreira (women's Pro 1/2/3) and

Luke Mullis (Men's Pro 1/2) .

Mens Masters 65+ - Dave McGrath in 3<sup>rd</sup>.

Masters 40+ - James Reid in 2<sup>nd</sup>

### Cyclocross Racing

State CX Championship – Ed Ho in 3<sup>rd</sup> place in Mens 4/5 45+ - Ed had a great season and has raced many disciplines including road, track, mountain bike and cyclocross.

Dave McGrath has done a lot of races this year at the local and national level.

Finished 8<sup>th</sup> in track nationals individual pursuit, 9<sup>th</sup> in points race and 12<sup>th</sup> in the 500m. Also took silver medal in Team Pursuit (with Kent Bostick). Dave also got 6<sup>th</sup> overall at TOAD ([Tour of America's Dairyland](#))

Endurance race honorary mention to Board Member John Sammut for completing [Coast to Coast](#).



Pontiac Lake Challenge - 3rd

OVCX BloomingCross Cat 3 winner Luke Mullis





**Men and Women Road Racing is in a free fall. Road events are folding and team sponsorship's are not being renewed while Gran Fondos, Gravel Races and Mountain Racing booms.**

**Road Racing Event organizers are leaving to run more popular events.**

- Gran Fondos, Gravel Races, and Mountain Bike Races are booming.
- The format for these events are more flexible to compete in and don't require a license.
- Timed events, with mass starts and age categories allow riders to ride with their friends.
- Event Organizers can expect thousands of registrations and more repeat riders year to year.
- Format of Gran Fondos, Gravel Races, and Mountain Bike Races attract more riders and fans.
- Gran Fondos, Gravel and Mountain Bike Race Events have lower costs to operate and have high registrations/participation rates and less risk for event promoters.
- Gran Fondos, Gravel and Mountain Bike Race Events have other things to do before, during and after the race attracting retaining people during the events bring in additional revenues outside of the actual event.

**Cost of Road Race events is higher compared to other cycling events.**

**The decline of Road Racing in 2019 was bad and 2020 and 2021 are sure to be even more dismal.**

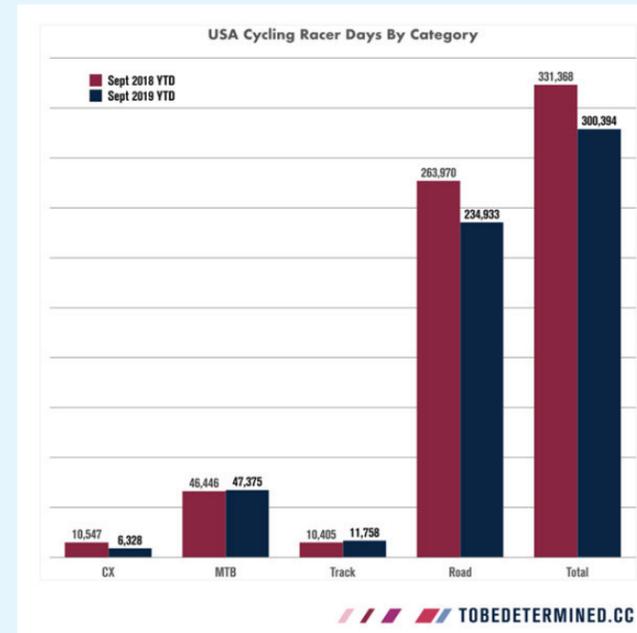
**American support for Road Racing has dried up, and so have the Sponsors.**

- More events are competing for limited sponsors and many offer more exposure for products and brands.
- TV Media and Social Media exposure is crucial to attract sponsors with fewer US National and Local Road Races interest is low.
- As road bike sales have softened, so too has the way the industry markets, promotes, and sponsor's road teams and races. Gravel and Mountains bike sales have year to year increased, so has the promotion and sponsors at those events.
- Past doping scandals by stars in Road Racing turned off many sponsors and they have failed to return to the sport.

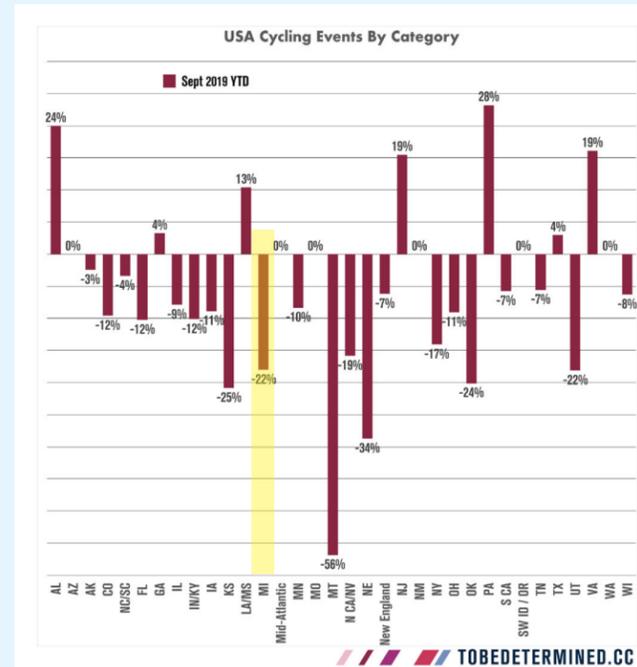
**US Road Racing suffers for a lack of Junior development, support and clinics.**

- Junior Rider Development for road racing is low or nonexistent, compared to High School Mountain Biking programs.
- Many of the successful Men and Women Juniors in Road Racing are coming from Mountain Biking programs.

THE RESCUE OF AMERICAN BICYCLE RACING  
STATE OF THE SPORT: USAC RACING IN 2019 BY THE NUMBERS  
US ROAD RACING IS IN A DOWNWARD SPIRAL – WHAT COMES NEXT?

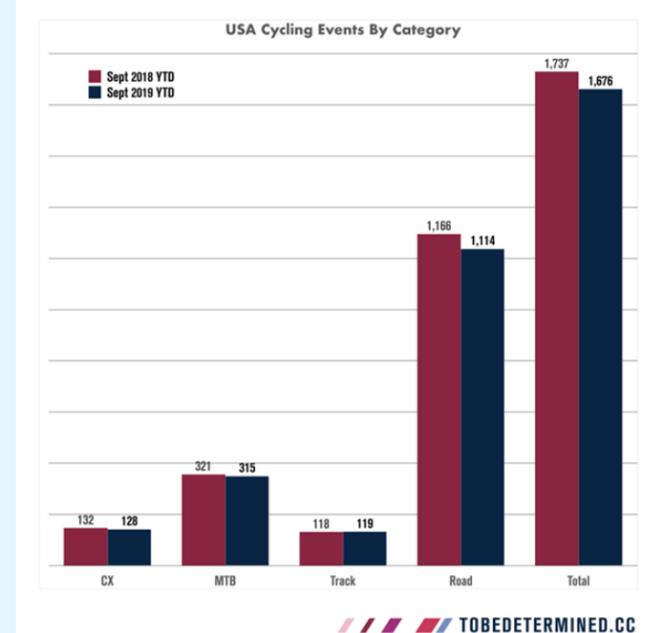


**The 11% decline in year-to-date road racing, coming on the back of the ~30% decline in the prior five years, underscores just how challenged the sport is going forward.**

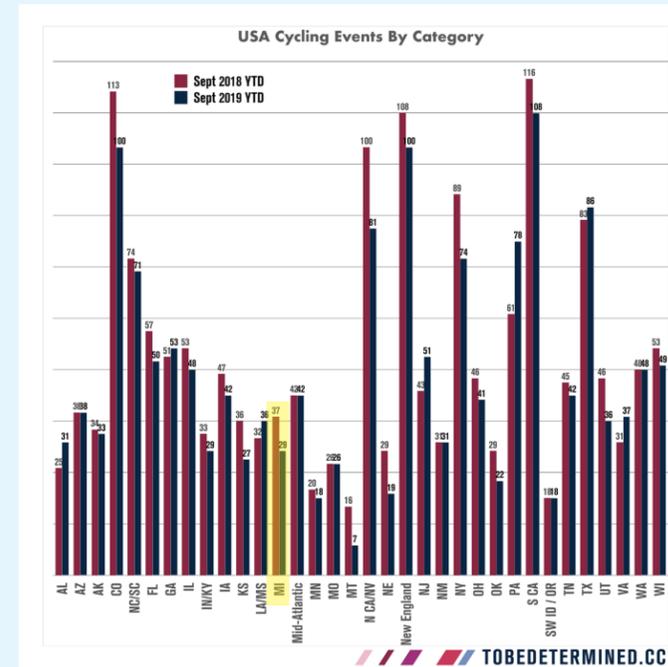


**21 of the 34 Local Associations reported a decline in events.**

STATE OF THE SPORT: USAC RACING IN 2019 BY THE NUMBERS



**Number of events on the calendar only continues to almost universally shrink, including a nearly 5% decline in the number of road events in 2019.**



**Events went from nearly 2,500 events in 2012 to just 1,800 event in 2017.**

# BIKEPACKING

Part backpacking and part bike-touring, bikepacking is a fun choice for cycling buddies, couples and families who ride together. It lets you cover more miles than hiking, plus you can access dirt roads with little traffic and Local and National trails that are inaccessible to vehicles. Rides range from local over night trips all the way up to epic cross-country rides.

## SOLO



Bikepacking SOLO is a great way to see the sights, people, and vistas during your ride at your own pace.

It does require more preparation and planning as you are self supported. Camping and Route planning is essential and the packing of the bike is a make or break issue.

You must be prepared and equipped to repair your bike on the road as bike shops may not be always available along your route.

Pictured above is David Esienbacker an accomplished [randonneur](#) who in 2019 completed the Southern Tier Crossing of the US in 28 Days 3,050 Miles. See Next Page 12

## GROUP



Bikepacking in a GROUP offers some advantages to solo riding.

Riding as group offers increased support for all riders. Repair and mechanical problems can be problem solved by the group.

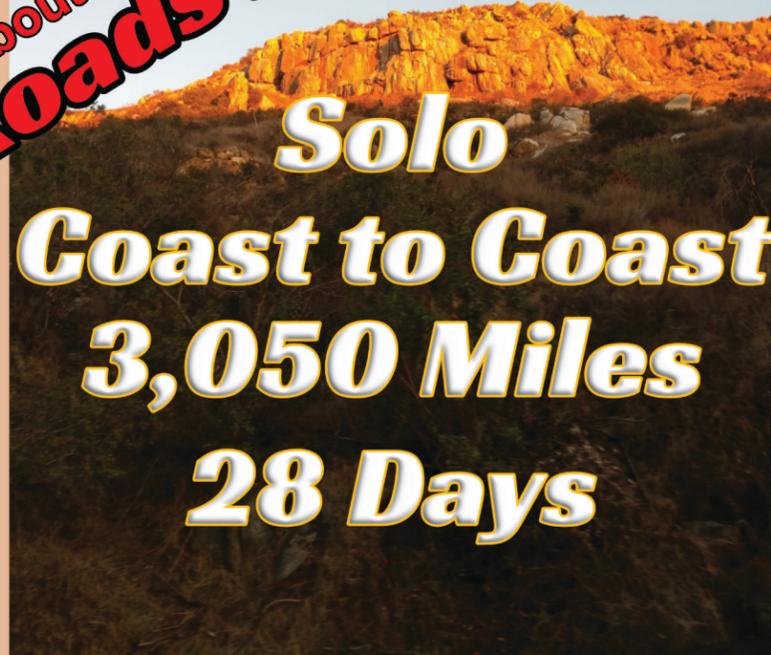
Increased safety is provided for by riding and camping as a group.

Shared resources are helpful when needed for navigation and route planning.

Pictured above is Allison Spinks and friends on a July Tour of the Upper Peninsula for 10 Days 400 Miles. See Page 13

# Southern Tier Crossing

**The Blip**  
Click here to see and read about the Journey and Beautiful Photos  
**Roads Less Traveled**



**Solo**  
**Coast to Coast**  
**3,050 Miles**  
**28 Days**

**Wolverine Sports Club**  
Cycling - Speed Skating - XC Skiing

Special ISSUE  
Jan/Feb 2022

# ALLISON SPINKS AND FRIENDS TOUR OF THE UPPER PENINSULA



My friends and I had originally planned to do the first segment of the Great Divide route - approximately 350 miles from Banff Canada to Whitefish, Montana. However, due to COVID-19, the Canadian border was closed and our trip canceled. But some of our group were still insistent on doing something, so three of ladies started planning dirt routes from St. Ignace to Munising and Grand Island, with a return to St. Ignace.

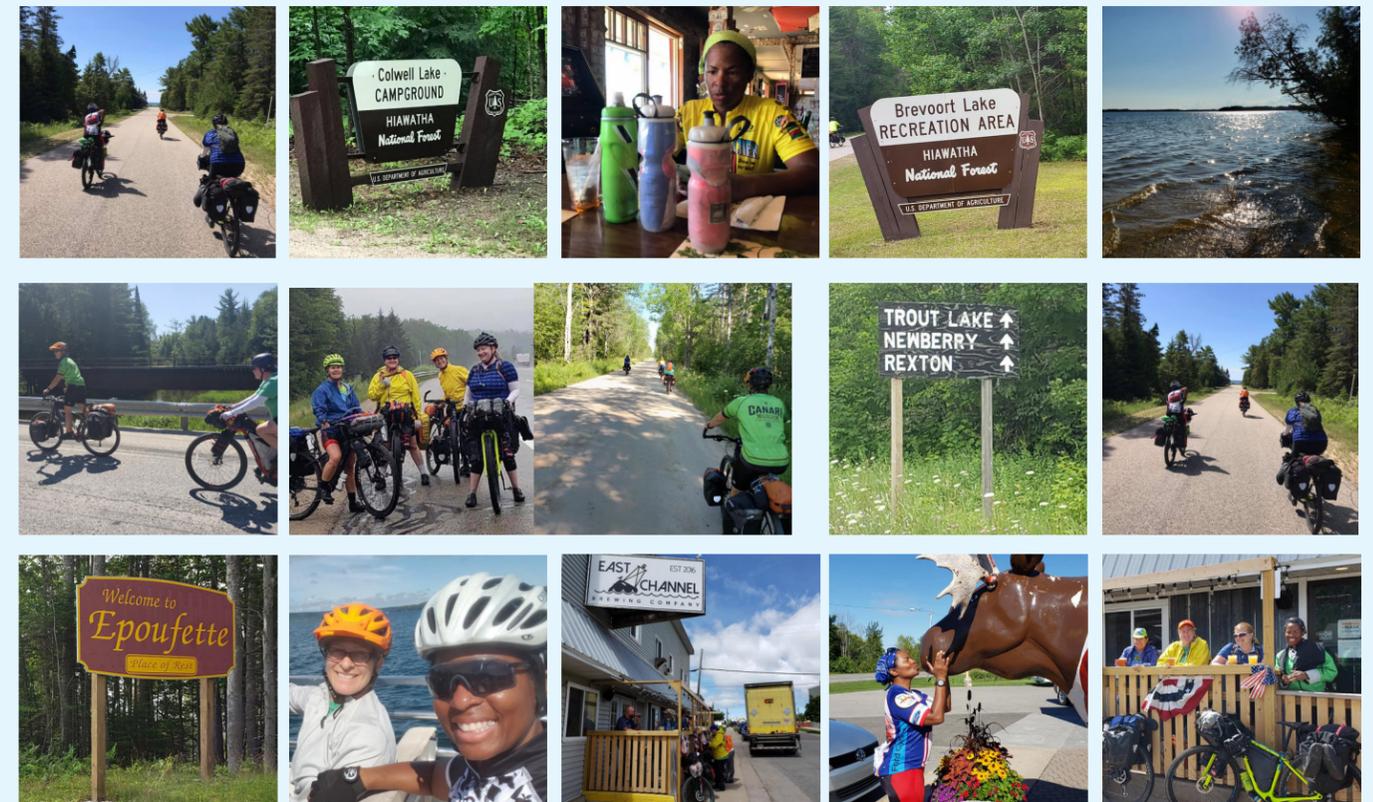
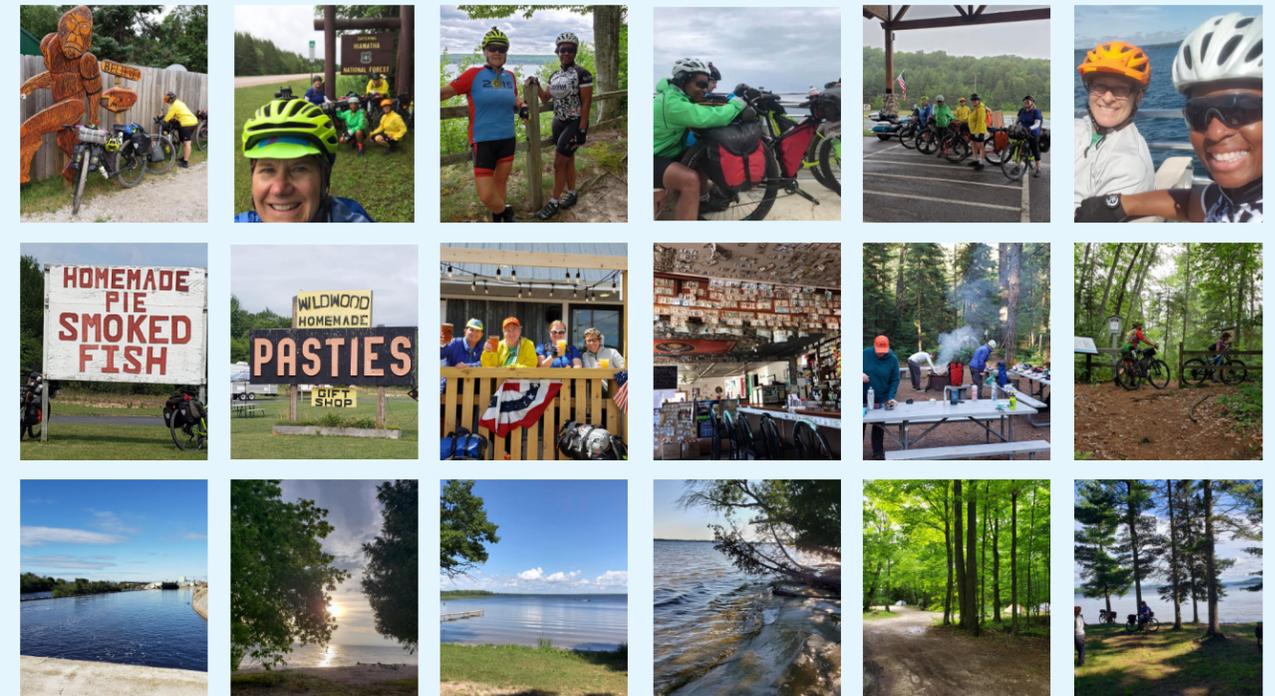
Five women left St. Ignace with fully loaded gravel and mountain bikes. We carried tents, sleeping bags, food, clothing, tools, etc. The area had received quite a bit of rain on the previous days so our first couple days were tough. Lots of flooded roads meant carrying bikes and gear across foot-deep water.

The route planners tried to keep the distances manageable. On average we covered 40 miles over 10 days. The longest day was 53 miles and the shortest was around 28. We camped every night except one in Munising where we were able to have a hot shower and wash our clothes.

This was the turnaround point - down through Manistee and back to St. Ignace. Four hundred miles completed!

Allison Spinks

# Yooperland



# Tour of the Finger Lakes New York State

## Chuck and Gayle Reynolds Kamilo and Dawn Susman



### SIX DAYS 323 MILES





## Coast 2 Coast Gravel Race

About this time last year, a friend of mine, Brian, texted me about a race/challenge that he had heard about that would correspond with his month visit back Michigan. Brian thought it would be a fun challenge for us to do.

The race starts at 6:00am, just after sunrise, the challenge of C2C is to race the Sun across the state. Tradition is to dip your tires in Lake Huron while watching the sunrise, and in Lake Michigan before sunset. In between is 208 miles of Michigan sandy/gravel roads and some sandy single track was thrown in just to make things more interesting.

It had been raining for three days straight leading up to the race, and the forecast was for rain all day, and unseasonably cool temps. We woke up to temperatures in the high 50's, but more importantly, it was not currently raining. (Although the ground was still wet for the most part)

The race started off at a reasonable pace, having 208 miles ahead of us, I don't think anyone was going to push the pace too early. Brian and I settled in to a group early, but it turned out to be a little too fast for his liking, so we dropped to a slower group. We did this a few times, and after talking to Brian, I made the difficult decision of leaving him to ride his own pace.

I reached the first of three stops at 52 miles with a small group that was going a little slower than I wanted, but decided to stick with them because all of them had done events like this before, and I figured I could use their experience. (Did I mention that this was my first ever gravel race?) When I got there, Lisa was waiting for me with plenty of food and towels to help clean me up a little. I waited a while for Brian, but he didn't show by the time my new companions were heading out, so I headed out. (Turned out that he was well behind me, and would not make the time cut at the second stop) After a few miles of the second leg, I decided that the group I was with was just not my pace, so I left them behind hoping to find a group going a little faster. That was probably my first mistake as I would spend most of the rest of that leg by myself, slowly pacing one or two riders along the way, but everyone was going slower than I wanted.



I reached the second stop at mile 107 on my own where Lisa once again had everything ready for me to eat and try to clean up. By this time I was starting to have issues shifting and braking because of the rain soaked sandy roads, as was many others. (At this point a lot of riders were dropping out of the race) My spirits were very low at this point, I was only half way, I was already tired and my bike was starting to fail. Seeing many others dropping out, I started contemplating doing the same myself. The rain had held off until half way through the second leg, but now it was a steady drizzle, and that didn't help matters. I knew I had a few more miles in my legs, so I decided to see how far I could get before I couldn't take it anymore.

I started out with two riders who looked like they could keep pace, but I was wrong, and I left them after only a few miles. By mile 120 the rain started to get a little heavier, the shifting was getting worse, and my legs felt like crap, I had hit rock bottom, I was ready to throw in the towel. It was at this point that I remembered what a couple of friends had told me about the race, they both said that things will go wrong, and you will want to give up at some point during the race because you will think that you can't make it. They both said not to give up, dig deep and just push a little further and that feeling will pass. Turns out they were both right. By mile 130 or so, the rain started to slow and my legs started to feel a little better.

(Although the brakes and shifting did not improve) It was right around then that I started to feel that I would indeed complete this challenge. I caught a group of 6 riders that were riding strong, and were more than welcoming to me, they turned out to be the moral boost I needed. I road with them for about 30 miles before one of them had a mechanical and they all decided to stop to help him fix it. I decided to push on.

I reached the last stop at mile 172 with two new companions that I had picked up about 5 miles out. (Brian and Jamie, that would turn out to be my best bit of fortune I would have all day) One of the rider's brakes had worn right through the pads and backing, he had to limp in because he literally had no brakes. Fortunately for him that I had a pair of pads that fit his system.

While he fixed his bike behind my car, Lisa did her best to clean me up while I stuffed as much food in me as I could get. During this time, Lisa informed me that her dad, who was in the hospital, had taken a turn for the worse, it was not good. We discussed it, and even if we had left right then and there that we would not make it back before the hospital closed visitation. So it was decided that I would finish the last 36 miles as fast as I could, and then we would head out as soon as I finished.

Me and my two new companions headed out with a new found energy. (And new set of brake pads) Just as we were rolling out, the group of 6 riders that had rode with earlier was rolling in, I was able to stop and say a quick hello, goodbye, and wished them safe travels before heading out.

I felt good for the first part of the last leg, but then I started to suffer, a lot! Although I told my new companions to just ride their own ride, and I would make it on my own. They were having no part of it, and would not leave my side. Honestly I don't know if I would have made it without them.

We rolled into the finish with a total time of 16 hours and 50 minutes, well past sunset. Although we didn't beat the sun, given the conditions, starters, there were less than 150 finishers. Shortly after the finish, I walked my bike across the beach to have my picture taken with my tire in the waters of Lake Michigan.

This race took so much to accomplish, that I had vowed to never attempt it or anything like it again on my ride home.

Of course, just last week I started thinking to myself..... I could beat that sun if I had one more shot..... Who's with me!!!!



**John Sammut**  
WSC President

Thank you for letting me share my C2C day with you, and *Always look on the bright side of life,*

**Post-race note:** While I packing everything in my car for our drive to the hospital, Lisa informed me that we didn't have to hurry because 15 minutes after I left on my last leg she got a call from her brother that her father had passed away while they were watching Tiger Baseball. (One of his favorite past times) He wouldn't have wanted it any other way. My heart broke for her. I can't thank her enough for all the support she gave me that day and throughout the past 36 years of marriage.

I don't mean to end this story on such a sour note, but for me it was a big part of that day. Lee was not just my father-in-law, through the years we had formed our own unique relationship, he taught me many things about hunting, golf, softball, and how not to do repairs to your house. I will miss him.

# MEMBER PHOTOS





As a member of the Wolverine Sports Club you are invited to participate in our Speed Skating program. The program has produced 5 qualifiers for the nationals and a national gold medal champion as well. It is the cross training program of choice by Mike Walden, Clair Young and Jim Smith – the founders of the Wolverine Sports Club. The benefits of Speed Skating transpose to cycling and vice versa to help shape a well rounded athlete and has been the traditional benchmark of the WSC training program.

In the past, if you wanted to compete in either sport you had to train in the other as a means of developing complimentary muscle groups. Speed skating accentuates fast twitch muscles, core strength, lateral strength and cardiovascular development that you don't get on a bicycle. It is also low impact and weight bearing to offset the calcium draining effects of continuous cycling. If you have skated in any form in the past or present you already have a foundation to learn how to Speed Skate.

We have a US Speed Skating certified coach who can train anyone from Ponies (3 years old) to Seniors (60 and up) so bring your kids for some family fun. Ice time is \$60 for Four (4) Practice sessions or \$20 a session which includes loaner skates. Dress with your winter riding gear, leather gloves, bike helmet and bring your own water or sports drink. Under the auspices of the corona virus ALL skaters and accompanying guests are recommended use face covering at ALL times and will have to sign in when entering the facilities.

**Ice times and Locations**

<https://www.facebook.com/WSCSpeedskating>

Founders Sports Park – Ice Arena WEDNESDAYS, 5 PM – 6:30 PM  
35500 Eight Mile Rd North side of Eight Mile Road One-quarter mile east of Halsted  
Farmington Hills, MI 48335 (248) 473-1810

Ann Arbor Ice Cube – SATURDAYS, 4:15-5:45 PM  
2121 Oak Valley Dr. Ann Arbor, MI 48103 734-214-2025

Courtney L'Arrivee (Head Coach  USS Level 2) [courtney.lynne@live.ca](mailto:courtney.lynne@live.ca)  
Lucia Scarpace Meehan (VP Speedskating) [Lscarpace@hotmail.com](mailto:Lscarpace@hotmail.com) Cell: 313-909-9188  
Speed Skate Manager Robert E. Meehan MD [Meehanr7776@gmail.com](mailto:Meehanr7776@gmail.com)



LEARN TO SPEED SKATE  
**WOLVERINE  
SPORTS CLUB  
SHORT TRACK  
SPEED SKATING**

**FREE OPEN HOUSES!**

**12 FEB** | FARMINGTON HILLS  
6:45-7:45PM CT | ICE ARENA  
(B RINK)

**13 FEB** | ANN ARBOUR  
2:30-3:50PM CT | VARSITY  
ICE CUBE RINK

RENTALS ARE FREE!  
INSTRUCTION WITH USS LEVEL 2 COACH  
AND NATIONALLY RANKED SKATERS.  
SKATERS MUST BE ABLE TO STAND ON  
SKATES AND STOP ON OWN ACCORD.

CONTACT ROBERT MEEHAN  
([RMEEHAN@DMC.ORG](mailto:RMEEHAN@DMC.ORG)) OR LUCIA  
MEEHAN ([LSCARPAGE@HOTMAIL.COM](mailto:LSCARPAGE@HOTMAIL.COM))  
FOR QUESTIONS.

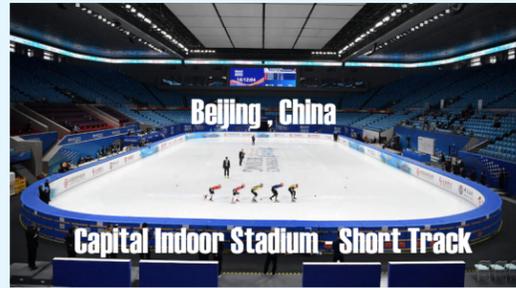


# 2022 Winter Olympic Short Track Speed Skating

[Meet The US Olympic Short Track Team](#)

[Click To See Women's 500m US Championship Race](#)

[Click To See Men's 500m US Championship Race](#)



**Maane Biney**  
won gold in the 500m, 1000m, and 1500m at the U.S. Championships, earning her the women's overall title [Click to Learn more about Maane](#)



**Ryan Pivrotto**  
won the 500 and 1,500 competitions the U.S. Championships and finishing second in the 1,000. Pivrotto, 26, originally from Ann Arbor, Michigan [Click to Hear Ryan](#)

**How to Watch FREE** <https://www.nbcolympics.com/> **PAID**

<https://www.peacocktv.com/>

Feb  
**5**  
Sat  
7:00-7:24  
Women's 500m - Heats

7:38-8:10  
Men's 1000m - Heats

8:23-8:38  
Mixed Team Relay - Quarterfinals

8:53-9:03  
Mixed Team Relay - Semifinals

9:18-9:26  
Mixed Team Relay - Final B

9:26-9:34  
Mixed Team Relay - Final A 🏅🏅🏅

Feb  
**7**  
Mon  
7:30-7:42  
Women's 500m - Quarterfinals

7:44-8:00  
Men's 1000m - Quarterfinals

8:13-8:19  
Women's 500m - Semifinals

8:20-8:28  
Men's 1000m - Semifinals

8:41-8:46  
Women's 500m - Final B

8:46-8:51  
Women's 500m - Final A 🏅🏅🏅

8:52-8:58  
Men's 1000m - Final B

8:58-9:04  
Men's 1000m - Final A 🏅🏅🏅

Feb  
**9**  
Wed  
7:00-7:30  
Men's 1500m - Quarterfinals

7:44-8:16  
Women's 1000m - Heats

8:29-8:44  
Men's 1500m - Semifinals

8:45-8:59  
Women's 3000m Relay - Semifinals

9:13-9:20  
Men's 1500m - Final B

9:20-9:28  
Men's 1500m - Final A 🏅🏅🏅

Feb  
**11**  
Fri  
7:00-7:16  
Women's 1000m - Quarterfinals

7:18-7:42  
Men's 500m - Heats

7:55-8:03  
Women's 1000m - Semifinals

8:04-8:23  
Men's 5000m Relay - Semifinals

8:37-8:43  
Women's 1000m - Final B

8:43-8:49  
Women's 1000m - Final A 🏅🏅🏅

Feb  
**13**  
Sun  
7:00-7:12  
Men's 500m - Quarterfinals

7:27-7:33  
Men's 500m - Semifinals

7:35-7:44  
Women's 3000m Relay - Final B

7:44-7:55  
Women's 3000m Relay - Final A 🏅🏅🏅

8:09-8:14  
Men's 500m - Final B

8:14-8:19  
Men's 500m - Final A 🏅🏅🏅

Feb  
**16**  
Wed  
7:30-8:00  
Women's 1500m - Quarterfinals

8:15-8:30  
Women's 1500m - Semifinals

8:32-8:44  
Men's 5000m Relay - Final B

8:44-8:57  
Men's 5000m Relay - Final A 🏅🏅🏅

9:11-9:18  
Women's 1500m - Final B

9:18-9:26  
Women's 1500m - Final A 🏅🏅🏅

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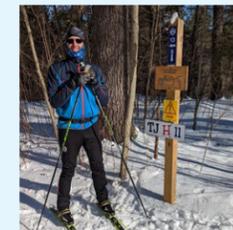


GLENN OCONNOR  
VP OF XC SKIING  
BOARD MEMBER

Well it was a frosty one. Each morning greeted us with -3 degrees with a promise of double digit highs by the afternoon.



That at least kept the ski deck nice and firm as Wolverines assembled at Forbush Corner for the annual ski weekend.



Conditions had been better but we were all thankful to be outside enjoying some physical activity. And if you were not aware, [Forbush Corner](#) has a state of the art snow making system that keeps a 2KM loop available throughout the season when Mother Nature does not cooperate.



Thanks to everyone that helped make the Wolverine Ski Weekend possible. From our gracious hosts at Forbush Corner to all the participants that made the trip in the frigid cold temps. Special thanks to our Prez John Sammut and Bev for running the Crazy Hat Race and Poker Ski. Lastly, thanks to Mario Kennedy for providing another year of ski lessons for members. It wouldn't be a ski weekend without you!

We look forward to another safe and fun filled ski weekend for 2023. Stay warm and stay safe while you stay active during these winter months!



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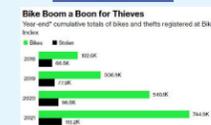
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